



COVID-19 MEASURES



Dear Participants,

Jai Hind!

I hope you would be eagerly waiting to come out and explore the nature in this lockdown period. We have slowly started resuming the treks.

The pandemic of CoViD-19 is at its peak. Here I am worried about your safety while you are in the wilderness. Please follow all the instructions strictly for your safety and to prevent the spread of coronavirus.

We have separately issued guidelines to all the coordinators, bus operators and campsite managers addressing the aforesaid subject.

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GUIDELINES

Guidelines to the Participants for safe camping.

1. Using Face Mask/Face Cover is compulsory
2. Aarogya Setu App on your mobile phone is mandatory, before commencing Bus journey & during the camping duration.
3. Maintain Social Distancing and Wash Hands Frequently, Avoid handshakes with other participants and staff members.
4. Must Carry personal hand sanitizers to use during activities/camping
5. Carry personal items for safe camping like Plate/ lunch box for meals, mug, spoons, water bottle, blanket/sleeping bag.
6. Try to avoid touching at any places like handlebars, supporting bars in a bus, automated water taps, sanitizer machines etc.
7. Use dustbins for garbage and mask disposal.

Guidelines to the Respective Managers/
Volunteers/Instructors for safe camping.

✓ Bus Transportation

1. The bus should be fully sanitised in 3 hours before the departure.
2. The operators should be medically fit and should be using the Aarogya Setu App

3. Clean and sanitise the bus twice a day.
4. There should be compartment/divider between driver and passenger seats
5. handlebars of the entrance and doors should be sanitised frequently.
6. There should be temperature check before the passengers board the bus.
7. The seat allotment should be done considering the social distancing rules. Every alternate seat should be left vacant.

✓ Tents

1. All the tents would be sanitised properly before the commencement of the camp and once checked out, they will not be allocated for at least 4 days to anyone.
2. 1 person per tent would be allocated if he is a solo traveller
3. If family members requests for a separate tent then will be allocated
4. Only rexine/artificial leather-covered mattress to be used and would be sanitised after every use.

✓ Kitchen & Dining

1. Masks and Hand gloves are compulsory for the cooking staff
2. Kitchen and Dining area to be cleaned and sanitised frequently, at least thrice a day.

3. Participants will carry personal plates/lunchboxes, spoon & mug to stay contact-free.
4. Participants are encouraged to enjoy meals in open areas and if the dining area is used, then keep a minimum of 6 feet distance between 2 people.
5. Watertanks and RO plants are out of reach for all the ranks (participants, instructors and staff members)

✓ Campsite & Washroom Area

1. The whole campsite to be cleaned and sanitised daily.
2. Close fall ins, campfire, Musical Evenings to be avoided.
3. Every participant would pass through a temperature test to ensure safety and spread of infection.

Suggestions:

If you have any specific suggestion, please write us to info@invinciblengo.org